

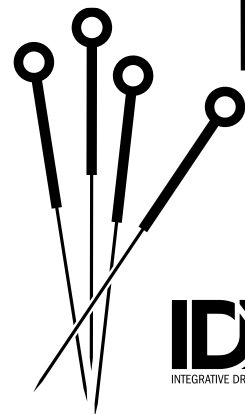
YOUR LOGO

# HOW CAN DRY NEEDLING HELP YOU?

*There are many benefits of dry needling because it manages soft tissue inflammation and positively influences the function of your nervous system!*

Some of the benefits you will experience with dry needling treatment:

- Improved blood flow
- Release of tension in muscles
- Decreased pain
- Increase in range of motion
- Increase in muscle strength
- Improved daily function



**IDN**  
INTEGRATIVE DRY NEEDLING